

Stop, close your eyes and imagine this for just one moment; you are living with no A/C and it is constantly above 90 degrees during the day, you are sleeping on a dirt floor with no electricity whatsoever and are surrounded by a non-insulated brick wall, you're consistently selling meager goods like fruits, vegetables, and house ware to provide for your beloved children, and you have no way to provide appropriate healthcare for your own health-failing body or for your own children who struggle with malnourishment, various illnesses, and unemployment just like you and your ancestors have struggled from in the past. As American's, entitled and privileged as we are, we are constantly taking advantage of miniscule things like food, running water, and healthcare. Imagine for one second how it feels to be a local Haitian, living legitimately with no running water, lights, heating or air-conditioning, healthcare or proper government systems set in place. Imagine for one second that you are that one Haitian that our organization, Way to Health, provides as much food, medicines, and essential affection that is possible, so your family is able to enjoy dinner together, or even just be able to survive with medications and proper medical care. It is Way to Health's mission and duty to educate and provide medical care to those in need on a local and global level. It is through the recurring, generous donations that Way to Health has received that we are able to continue to provide for people less privileged than ourselves.



Choose a project to financially support in Phase One and/or Phase Two. Contact Lisa O'Brien, RN, President at [waytohealthorg@gmail.com](mailto:waytohealthorg@gmail.com) or 281-229-3139. Donate by check and mail to:  
Way To Health  
414 Towne Court  
Alvin, TX 77511

Or donate online by Paypal at:  
[www.waytohealth.org](http://www.waytohealth.org)

Step into a place to be a giving leader where comfort and healing will be brought 6,240 times a year to the Haitian men, woman and children in that community to give a more productive, less sorrowful life.

With Regards  
The Way To Health team



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PROPOSAL FOR HEALTH CITE SOLEIL, HAITI

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**EIN 81-2026805**

JUNE 17, 2017  
WAY TO HEALTH  
414 Towne Court Alvin TX 77511  
281-229-3139

## Cite Soleil, Port Au Prince, Haiti

Cite Soleil, 680 miles south of Miami, is regarded as one of the poorest and most dangerous areas of the Western Hemisphere. A population of 200,000 to 400,000 residents try to survive in 8.42 square miles. Cite Soleil was developed as a shanty town to provide workers for the sugar factories. As rural farmers poured into the capital of Port Au Prince as the price of their crops went down from “free” imports, many were forced into the section of the city that has the lowest elevation. Sewage drains through the slum in open canals as it makes its way into the Caribbean. Homes built of scavenged rusty scrap metal, tarps, cardboard or if you live in upper Cite Soleil your home may be made of cinder blocks. The unemployment rate is 80%. Illiteracy among 15-24-year old’s is 66%.<sup>1</sup> Most the population lives on less than \$1 a day, living well below the extreme poverty threshold. Life expectancy is 52 years inside the slums, compared to the US life expectancy of 78.8 years.<sup>2</sup>



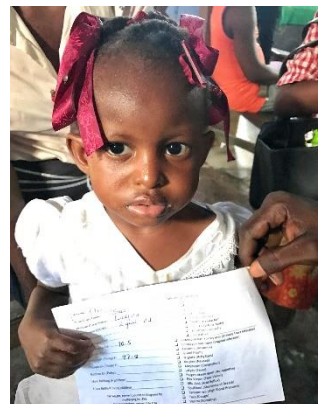
The commune contains open sewers, no water wells, grocery stores, vegetable gardens, trash pickup and no police presence. The United Nations patrols American Blvd. and has checkpoints just outside the entrances. The patrol does not attempt to go into Cite Soleil unless the poor rise up due to prolonged suffering. After personally speaking with missionaries who have traveled to many impoverished countries due to lack of food and medical care; they have stated that Cite Soleil is the worst area they have ever seen in the world.

Haiti reports some of the world’s worst health indicators with the residents of Cite Soleil reporting below these numbers. Total annual expenditure on health per capita is \$131, expenditure on health as % of GDP is 7.6;<sup>3</sup> the United States spends \$8,608 per capita, or 17.2% of GDP. While Haiti struggles with poor health outcomes, the already weak health system was further debilitated by the 2010 earthquake, which demolished 50 health centers, part of Haiti’s primary teaching hospital, and the Ministry of Health.<sup>4</sup> Shortly after the earthquake and deaths of 200,000 or more the country suffered its first Cholera outbreak in a century. Hurricane Matthew in late 2016 continued to stress the health system with water contamination causing another Cholera outbreak.

### KEY CHALLENGES FOR THE RESIDENTS OF CITE SOLEIL

**The cost and availability for any healthcare:** The economic standing of the inhabitants of Cité Soleil is extremely low. Most of the families are without employment and struggle to find the necessary funds for daily living and food. The number of people living in tiny homes constructed of makeshift materials is striking. In this context, numerous families are incapable of gathering together the money required to pay for health care.

Residents live day to day. Women primarily tend to the home, children, cooking and cleaning. A 35-year-old woman, Lovidor Luimerie, with two little girls, explained her day to me. In Creole, sometimes spelled “Kreyol”- “Sometimes we eat once a day. Two times a day if I sell bread. I buy bread in a package and sell it in front of a school in the mornings. If I sell it all I make one dollar US. This day we can eat twice a day.” “I



<sup>1</sup> Slums Of Cite Soleil, Port-au-Prince, Haiti by Leana King

<sup>2</sup> CDC National Center for Health Statistics

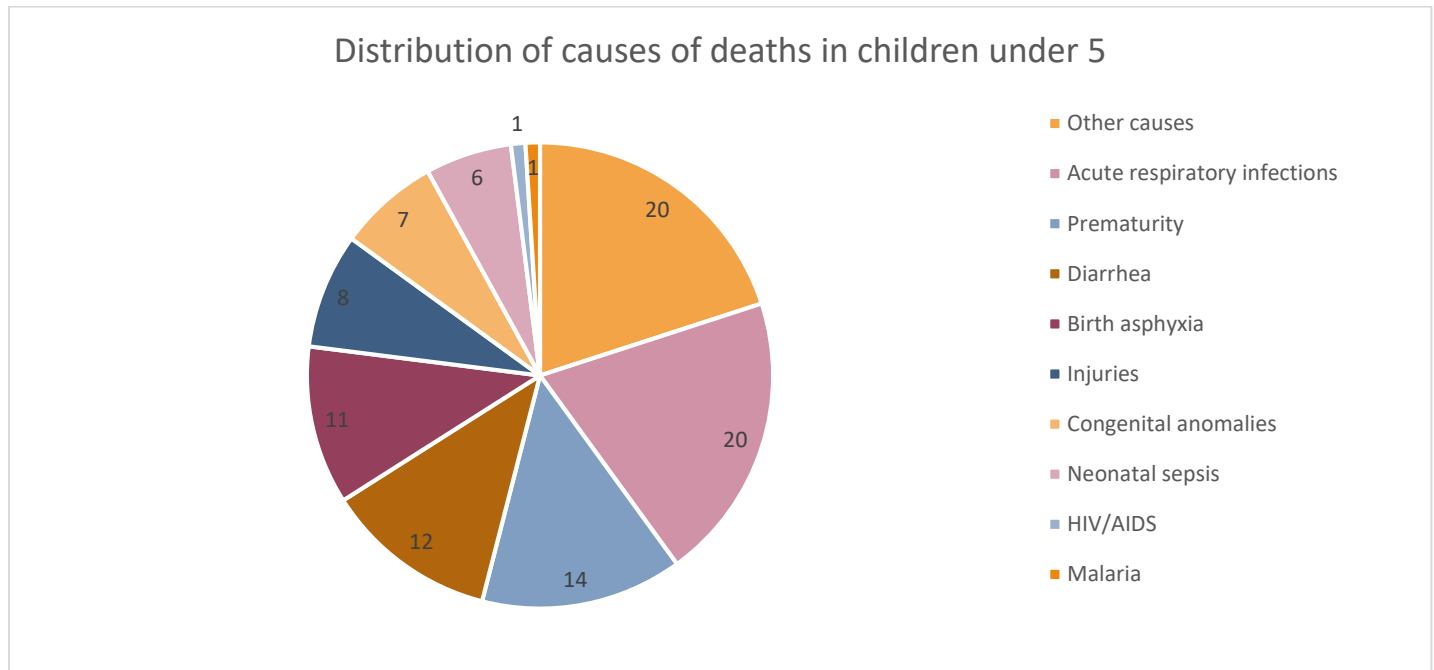
<sup>3</sup> World Health Organization, Haiti Statistics

<sup>4</sup> USAID Global Health

buy buckets of water from the government truck for 5 gourdes (8 cents). I use this water to cook, wash clothes, bathe myself and children. I boil the water from charcoal I buy for 5 gourdes/bag (8 cents) to cook our rice.” If she has extra money she purchases beans from a street vendor. Her two children, ages 4 and 2, were brought into our clinic and presented with low appetite. An MD assessment concluded they had intestinal worms and were treated with Albendazole. Her 2-year-old weighed 10.5kg (23 lbs). The weight of a healthy normal growing child at her age is 12.3kg (27 lbs).<sup>5</sup> Lovidor states what she would like the most is “for my children to have a future.” For children under 5 years of age the principle causes of mortality are diarrhea, fever, respiratory infections and malnutrition.<sup>6</sup>

### Haiti: World Health Organization statistical profile:

7



**Way To Health** has offered free healthcare in Areas 17 and 14 inside Cite Soleil. Medical clinics were set up in churches because of the convenience of walking distance for the sick. On arrival a queue was formed from early morning in order to receive healthcare. I have counted 150-200 patients waiting in the morning. The sun was beating down each day on the patients; no water, food or public restrooms. Sewer running down the curbs of the streets where they waited. If someone had to urinate we simply went in an alley or went in a plastic bag. Sick babies, pregnant women and the elders were chosen out of the crowd first. At times the patients became aggressive. Desperate mothers were pushing, shoving and yelling at each other so their babies could be seen soon. Our hired Bandi security performed their job calmly efficiently.

**The convenience and continuity of healthcare:** The environment of the slums of Cite Soleil is grim. I am told that “every square inch is controlled by a Bandi.” A young man or men rise to lead their family and neighborhood friends into a place of somewhat safety. Bandi provide protection from other area leaders, try to procure food and water for family and friends, provide an impromptu social service if a man is abusing his wife or children, and get emergency transportation out of the slums to Medecins Sans Frontieres hospital in the event of severely debilitating accident. No medical clinic occurs without the prior approval of the Bandi in an Area.

<sup>5</sup> WebHealthCentre, Healthcare hub on the Web

<sup>6</sup> Medecins Sans Frontieres Field Research

<sup>7</sup> World Health Organization Haiti: Statistical Profile



There are no advertised duplicatable medical/urgent cares in Cite Soleil. No entryways, no fountains, no parking lots. Public expenditure for health is low, even in wealthier areas of Haiti. Roughly 80% of the population of the slum lack any access to essential health and nutrition services. There are as few as four health professionals, doctors or nurses, per 30,000 people and I believe this number to be much higher considering that some of the patients we treat have not even seen a thermometer! A heavy reliance on international funding exists. Some foundations are able to operate mostly on a sporadic basis because the need is so great and the population so poor, and there is always presents a threat of violence from the starving.

Often, *Way To Health* teams walk to see patients who are unable to walk to a clinic. Madam Joe, a 70-year-old female, from area 17, burned her lower extremities while cooking with charcoal and the soup she was preparing spilled on her calf's and feet. We provided triage, then transportation and money for her at a foundation hospital in Port-au-Prince. Skin grafts were taken from both thighs (without pain medication) to place over her burns on her lower extremities and feet. Our team walked to her home and provided wound care debridement two weeks after the grafting. When we arrived, we explained that the dressings on her legs would need to be removed, the area debrided of any eschar and new dressings applied. Unfortunately for her, the dressings that were applied from a previous foundations' work had gone dry. Our medical team used a Dakon solution recipe used in World War II: boiled water, one part bleach to equal part baking soda to soak the dressings and remove them slowly. We applied dressings that would hinder the growth of bacteria and not stick to her healing wound. As we worked on Madam Joe it seemed like the entire neighborhood came to watch. Young women and men assisted us and encouraged Madam Joe as she cried for "Jezi" Jesus during the procedure. Our helpers learned as we worked. A follow-up visit was done the following day to continue the daily dressing changes to promote healing. Family and friends were present again and were able to effectively perform the dressing change. We left enough supplies for them to do daily dressing changes for three weeks, Tylenol tablets and antibiotics. Madam Joe was given water and money to purchase food to promote her wound healing. Her wounds to date have slowly healed and she now lives outside of Cite Soleil with family.



**Environment promotes poor health:** Cite Soleil is called “a microcosm of all the ills in Haitian society”.<sup>8</sup> High rates of joblessness, water sanitation and sewage issues. 8.2 square miles with hundreds of thousands of men, women and children pushed into the lowest elevation up against the sea. During the dry season the canals take sewage as deep as two meters high away from Port-au-Prince and through the slums. When it rains, water pours from the higher elevations into Cite Soleil, flooding the canal waste into the streets.

Disease-causing germs can be spread from sewage if it is not disposed of properly or if people do not practice proper toilet hygiene (cleanliness).<sup>9</sup> Keep in mind that water wells that are germ free are not available in Cite Soleil, only 4-6-foot-deep cisterns. Hundreds of thousands of people using a small 8.2 square mile area for decades has produced a contaminated water table.

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<sup>8</sup> The Magazine of the International Red Cross and Red Crescent Movement

<sup>9</sup> Truttier Dump for Medical and Human Waste Youtube [https://www.youtube.com/watch?v=SsjsMFx\\_4NU](https://www.youtube.com/watch?v=SsjsMFx_4NU)

Diseases caused by water born germs:

Bacterial:

- Salmonellosis, typhoid
- shigellosis
- diarrhea
- trachoma
- melioidosis

Viral:

- gastroenteritis
- hepatitis A

Diseases caused by parasites:

- giardiasis
- dwarf tapeworm infection
- threadworm infection
- hookworm infection
- strongyloidiasis

These disease-causing germs and parasites can be spread:

- directly by people encountering sewage or toilet waste (this happens when the children walk through the canals barefooted looking for food or an object of which they could make a toy.

Indirectly by people:

- Encountering insects such as flies and cockroaches which carry the germs and parasites in or on their bodies. Dogs and cats can carry germs and parasites, too.
- drinking water which has been contaminated by sewage.<sup>10</sup>



Joseph Sesil, 23-year-old resident of Cite Soleil came to our clinic in July 2016. He presented with high fever, fast pulse, dehydration and general weakness. Dr. Victoren Sem, a Haitian-born and trained MD hired by **Way To Health**, diagnosed Joseph with Typhoid. Typhoid is spread by eating or drinking food or water contaminated with the feces of an infected person. Joseph's body was going into shock. We immediately started an intravenous drip of "sugar water", gave him Acetaminophen for fever and oral antibiotics to help him fight the infection and hopefully live. In December 2016, 5 months later, Joseph came into our clinic just to thank us for saving his life. In Creole he stated "It was the best day of my year and I am still alive. I thank God I am still alive and can see a new year." Joseph has no job, he "works for the people" when a neighbor needs help. He stated that he ate today "rice". He has never been to school "No school never." He sleeps in a sheet metal house with 4 family members. One sister died at age 17 at her job. He did not know why she passed away, but stated "I don't know very well but she passed away at her job from fever and vomiting."

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<sup>10</sup> The Department of Health, Australian Government

## WAY TO HEALTH ACTIVITIES & STRATEGIES

**Way To Health** is heavily invested in meeting the health care needs of those living in Cite Soleil while working hands-on with the Haitians who live there who have direct real life input on the health problems facing their family and friends and solutions that are achievable for the area in which they live. Eighty private donors have financially supported Way To Health's commission in Cite Soleil.

In the previous nine months, Way To Health has received \$28,004 in monetary and medical supply donations to effectively assess and treat 1,630 illnesses. The total patients treated in Haiti is 2,820. The average spent per patient treated is \$15.42 which includes taking patient blood pressure, pulse, temperature, weight and height. A Haitian MD assesses each patient and treatment/medication prescribed. Medications are free of charge to the patient. A Haitian Nurse teaches the patient or parent of the patient about the disease and the medication dosage, action, regimen and side effects.

Teams of medical professionals, medical students, nursing students<sup>11</sup> and business professionals pay their own airfares, lodging and food. The trip is 7-9 days long with everyday activities in Cite Soleil, helping the Sisters Of Charity care for sick and dying babies and helping other foundations with medical clinic work.

We have partnered with 7 established foundations to promote health within their missions. Deuteronomy Project provides an education, with the help of an Alvin school teacher, for 30 young girls who have been rescued from a life of being house slaves and from starvation. **Way To Health** pays an MD to teach and assess the girls monthly since 3/2015. The orphan girls came to the orphanage, FGIM Witness, sickly and malnourished with scars from abuse and making no eye contact. Today they are flourishing and some of the girls hope to work in the medical profession because of their direct contact with healthcare.

Another partnership with Deuteronomy Project involves women who have no choice but to prostitute themselves to buy a bowl of rice for the day. This recent endeavor brought our team to a church pavilion just outside of Cite Soleil. Seventy homeless street woman in all age ranges waited for us while they were singing church hymns. Way To Health hired a nurse from MSPP (Haiti's Health Ministry) to educate the women on the medications we would provide for free and safe sex education. Our team took their vital signs, administered Depo-Prevera (a birth control injection), received assessments and ziplock bags with condoms, Doxycycline for urinary tract infections, antifungal creams and suppositories. Some of the girls signed consents allowing us to share their life story.<sup>12</sup> The youngest was 14 and the oldest 62 years old. Melecoi is 14 years old. She has no living family and was reluctant to share the details. However, she dropped out of school at grade 4, she told us, and is homeless, living on the streets with no means of income except prostitution. She works for as little as 40 cents "until the man is satisfied". Her medical treatment for yeast infection and birth control was warmly received.



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<sup>11</sup> See attached 'Personal Missionary Letter'

<sup>12</sup> See Excel spreadsheet for Prostitute Recovery Clinic data (PRC Data)



A central partnership with Haitian James Alexandre, founder of Chedesapa Foundation is the most rooted and profound. James was raised in Cite Soleil and, while working on his high school graduation, he sent a proposal to open a medical clinic in Area 17 of Cite Soleil! “Why in the world would you ever go back there?!” I asked. James felt a God-given desire to help his people. He was raised in Cite Soleil. We met when his mother was ill with “a monster in her stomach”. **Way To Health** medical teams make home visits to his Mom-she is diagnosed with Gallstones, Pancreatitis and Sickle Cell Disease. She is on a low fat, high protein diet. When she becomes very weak, our foundation has paid for her to receive blood transfusions to strengthen her. James has worked as a translator for many medical teams with **Way To Health**. Within the last year he has:

- \* purchased medications at 4C Laboratoire, Haiti with a total value as high as \$3,000 a purchase,
- \* hired Haitian staff to put medications into individual dose packs; labeled with medication name, dosage and regimen.
- \* He set up locations in Cite Soleil for our team to work productively.
- \* Hired Haitian medical staff to work with our team. One MD, and one to three nurses.
- \* He managed 3-5 translators and a security force, and a tap-tap (a covered truck) for transporting the team.



**Way To Health** statistical data<sup>13</sup> from two clinic days in Cite Soleil of 262 patients reveals that 28% of the patients were under 5 years old while only 13% were over 50 years and older. 23 of the babies had intestinal parasites causing bloated stomachs, stomach aches, poor appetite, anemia and malnutrition. Treatment is Albendazole

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<sup>13</sup> See Way To Health Excel data spreadsheet March 2017 Cite Soleil Clinic.

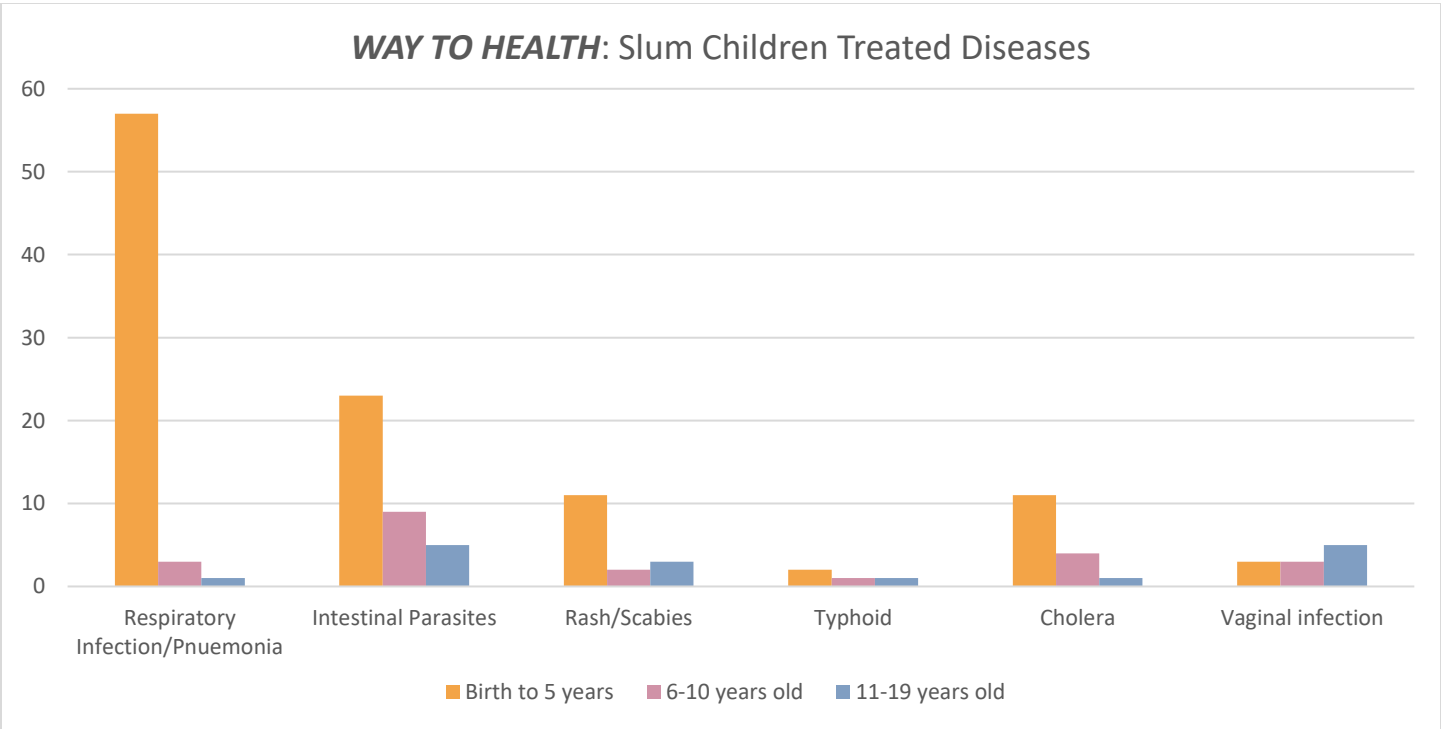


tablet one dose/weight with a high success rate of eradicating the parasites. 90% of the under 5-year-old group were diagnosed respiratory ailments such as pneumonia. Cholera was seen most frequently in the under-five group. Every baby was treated onsite with antibiotics and antipyretics so the child did not leave the clinic without a first dose of medication. Every Mom was provided teaching on medication administration and disease process and when to seek medical attention.

Disease process’ assessed and diagnosed under 3% of the time include Shingles, Hernias, Diabetes, Conjunctivitis, poor vision, weakness and poor appetite.

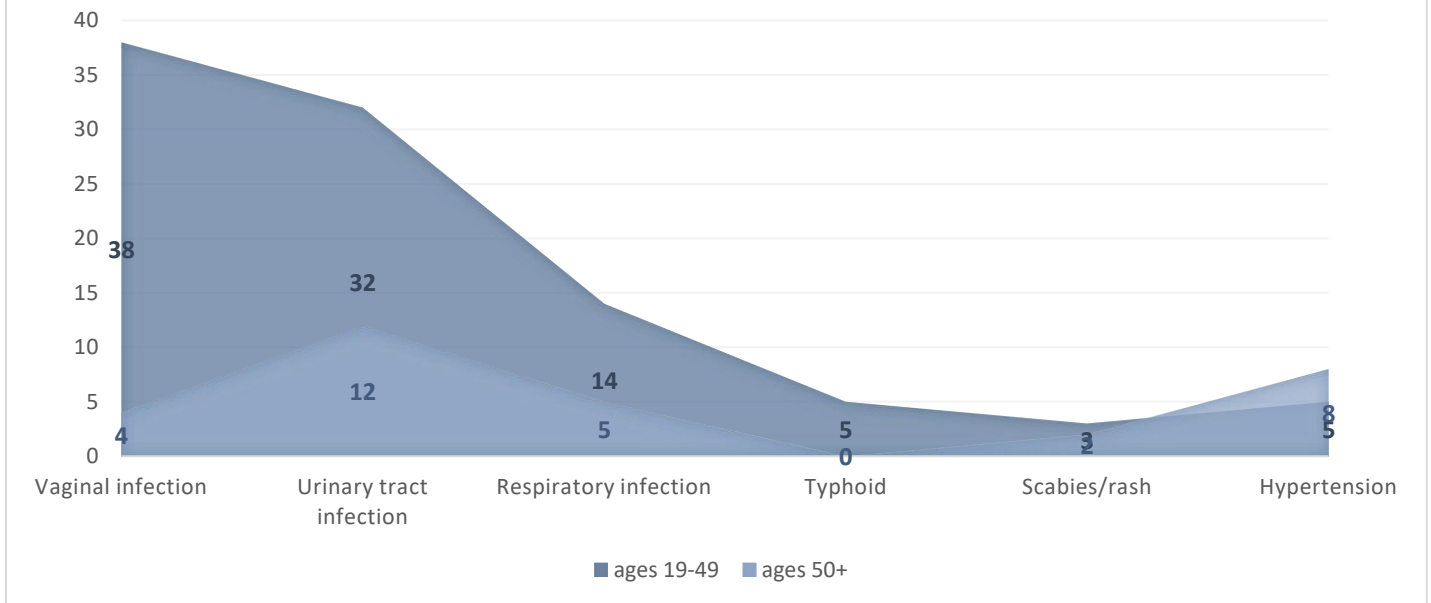
The over 50-year-old age group made up 11% of the patients available. This group showed a significant increase in high blood pressure (Hypertension). The leading cause of death in this age is group is Stroke.<sup>14</sup> Hypertensive patients were given their first dose of medication, asked to wait in the clinic for a reassessment until their blood pressure was at acceptable level. Disease process and medication teaching was done by the nurse before the patient was sent out with a 20-day supply of medication and teaching when to seek additional medical treatment.

The incidence of vaginal infections was low in the under 5-year-old group but grew significantly in the 6-18-year-old group then peaked significant in the 19-49-year-old group.



<sup>14</sup> WHO Statistical Profile Haiti

## WAY TO HEALTH: NUMBER OF TREATED DISEASES, DAY ONE, AGES 19 YEARS AND OLDER



## WAY TO HEALTH PROJECT GOALS

**Way To Health** treats the poorest population of Haitians who would otherwise have no access to an urgent care clinic for diseases that are treatable. Diseases easily curable are Intestinal Parasites, Pneumonia, Cholera, Vaginal Infections, Urinary Tract Infections, Hypertension and Diabetes. All others with diseases not treatable at an acute care clinic, such as cancer, severe bodily injuries and complicated pregnancies, will be sent to other foundation hospitals in Port Au Prince.

**Way To Health Board of Directors** has divided the mission into two phases:

**Phase One:** The short-term goals are to continue with urgent medical clinics while teaching hired staff on expectations and tasks required to run a successful clinic and to continue to provide English education for three Haitian interns. The long-term goal of Phase One includes a clinic run entirely by Haitians, to act as role models for their neighborhood and continue treating the diseases that are treatable. These are opportunities that are not presently available to the Haitians of Cite Soleil.

Assessments, treatment and education will continue to be done by Haitian hired medical staff.

Examples are given to treat 120 patients on a weekly basis:

Purpose	Weekly Cost per 120 patients	Annual total for 6,240 patients
Haitian Medical Doctor	\$100	\$5,200
Haitian Nurses	\$100	\$5,200
Security	\$30	\$1,560
Medications	\$700	\$36,400
Haiti Director	\$50	\$2600
		<b>Total: \$50,960</b>

**Way To Health** will continue to partner with Deuteronomy Project to provide the medical care for the 30 orphan girls. An MD assessment and education of the girls totals \$300/month. The 30 young girls who would have otherwise been house slaves, homeless or worse are being changed into educated, healthy young woman who can change generations to come.

Purpose	Monthly Cost	Annual Total
MD Assessment of 30 Orphans	\$150	<b>\$1,800</b>

**Way To Health** will continue to partner with Deuteronomy Project to provide the medical care to the “street ladies”. The cost for the medical treatment kits, MD assessment and nurse education are \$700 every three months. Medical treatment kits are given to each patient after an assessment and teaching. The kit contains: Doxycycline, Miconazole cream and vaginal suppositories, Condoms, hand wash and a Depo-Prevera injection for birth control. As the relationships build between US teams and these ladies the goal is to mutually create a craft item that get these women off the streets and into a group home.

Purpose	Quarterly Cost	Annual Total
Medications purchased in Haiti	\$500	\$2,000
Haitian MD assessment	\$100	\$400
Haitian nurse education	\$100	\$400
		<b>Total: \$2,800</b>

### **Phase Two:**

Christian Alliance<sup>15</sup> has reached out to **Way To Health**. The foundation has 20 years of experience in rebuilding and shipping medical clinics around the world to impoverished nations. One refinished clinic has been donated with the foundation’s goal to ship an additional two medical clinics. The site in Cite Soleil will be a clinic field hospital available to residents of the slums.

For the medical clinic to be sustainable, land must be acquired from the government, permits obtained from the magistrate of Cite Soleil, license to operate as a medical entity in Haiti to avoid liability; a permanent wall built and 24/7 security must be hired before the clinic arrives at port. James Alexandre, who is being trained on Excel spreadsheets and not fluent in English, has researched and met with builders and engineers in Haiti has produced budget expenses for employees and supplies:

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<sup>15</sup> [www.christian-alliance.org](http://www.christian-alliance.org), (letter of reference attached)



Employee and shipping costs				
Employers	Unit USD	Quantity of workers	Quantity of days	Total USD
Engineer	781.25	1	18	781.25
Macon	15.62	7	18	1968.12
Other workers	11.71	6	18	1264.68
Transport of water	7.81	2	12	93.72
Metal workers	15.62	5	6	468.6
Head metal workers	23.43	1	6	140.58
Shipping of container	4000			4000
Transport to building site	3000			3000
			Total	11716.95

<b>Materials</b>	<b>Unit USD</b>	<b>Quantity</b>	<b>Total USD</b>
Truck of rocks	70.31	13	914.03
Blocks	0.46	4200	1932
Truckload of sand	117.18	12	1406.16
Truckload of gravel	117.18	6	703.08
Truckload of rembleage	62.5	12	750
Cement bags	6.87	500	3435
Tractor	117.18	1	117.18
Iron metal 1/2"	5.85	130	760.5
Iron metal 3/8"	4.06	1750	7105
Iron metal 1/4"	1.17	270	315.9
Iron rollers	62.5	2	125
Box of nails 3 thumb	23.43	2	46.86
Dozer	23.43	2	46.86
A big gate 6 meters	1562.50	1	156.25
Small gate 41x100	156.25	2	312.5
Profile iron 2/4	19.53	20	390.6
Profile 1/2	10.93	15	163.95
A box of boulons	46.87	1	46.87
Gallon of minium paint	19.53	5	97.65
Sheet metal	19.53	40	781.2
Electrode box	58.59	2	117.18
Generator	200	1	200
Water for construction	40	1	40

**Total: \$21370.02**

As soon as the security wall is finished and all permits received from the government-the medical clinic can be shipped and put into place and begin operation. James Alexandre and other leaders in the community will continue to be trained by teams of medical and business professionals from within Haiti and the United States.

Because the clinic is acute care it will be open one full day per week. The anticipated number of patients per day is 120-160. MDs, nurses, security and staff will have had previous training from Way To Health teams so that the move to the permanent clinic will be seamless.

Choose a project to financially support in Phase One and/or Phase Two. Contact Lisa O'Brien, RN, President at [waytohealthorg@gmail.com](mailto:waytohealthorg@gmail.com) or 281-229-3139. Donate by check and mail to:

Way To Health  
414 Towne Court  
Alvin, TX 77511

Or donate online by Paypal at:  
[www.waytoh.org](http://www.waytoh.org)

Step into a place to be a giving leader where comfort and healing will be brought 6,240 times a year to the Haitian men, woman and children in that community to give a more productive, less sorrowful life.

*"Tell those who are rich in this world not to be proud and not to trust in their money, which will soon be gone. But their trust should be in the living God, who richly gives us all we need for our enjoyment. Tell them to use their money to do good. They should be rich in good works and should give generously to those in need, always being ready to share with others whatever God has given them. By doing this they will be storing up their treasure as a good foundation for the future so that they may take hold of real life." 1 Timothy 6:17-19*

A special thank you to our continued donors who make all this possible. You have blessed many lives with comfort.

Corporate donors:

Boy Scouts of America  
First Presbyterian Church  
The Knight of Columbus  
Medic One Pharmacy  
Pearland Regional Home Health  
St John the Baptist Catholic Church  
TLC Bookkeeping  
University Of Texas

## What if you found your purpose serving the poor? -Eduardo Robles, RN



Imagine boarding an airplane in Miami International Airport, knowing you were flying into the poorest country in the western hemisphere, and, receiving the phone call on the tarmac that you were accepted into nursing school! The moment seemed surreal!

In the slums of Haiti college students with Way To Health team enter a clinic where there is no food, no running water, no bathrooms, no grocery store, no jobs for the people, none the less any kind of medical care. Suitcases of medical supplies are carried into the “pharmacy” where the shelves are found empty. My first thoughts were “Wow, they don’t really have anything.”

Students are in various colored scrubs, purchased at Goodwill in the US, with as much equipment as we could carry in without having to pay off the right boarder official, went to work treating patients alongside Haitian

medical staff. IV therapy for dehydration, dog bites, infant respiratory infections, high blood pressure and cooking burns.

Eduardo Robles, nursing student Texas Tech, “Here in the states I do free clinics where they don’t have the money but they at least have medical care; In Haiti, they expose themselves in such an intimate way as a change they might get some help.”

I have since graduated from Texas Tech University Health Science Center: School of Nursing. I can say the experience has profoundly affected me in two ways:

1. I appreciate everything that we have much more than I ever have. It really showed me the emphasis on family and how important that is too!
2. It showed me how to be a more compassionate nurse!

Eduardo Robles, R.N.



## Personal Missionary Letter: by Michelle Keller

As with most teens and young adults, I faced the struggles of everyday reality: going to high school and dealing with the drama, trying to figure out your career path for the rest of your life and which college to attend, working a lousy part-time job while trying to maintain your grades, having your heart broken multiple times by boyfriends and close friends, along with other unexpected issues such as the deaths of family members or friends, and all while trying to deal with this weird, internal depression and confusion as you attempt to mature and attempt to determine major life decisions. Dealing with all of these problems at such a young age is extremely difficult and stressful, but I can truly say that since my first mission trip to Haiti, I have not only become a more successful and higher-functioning member of society, but I have resolved a majority of my internal issues and overall have a more positive outlook on life.

My first trip to Haiti was when I was only 18 years old, and at the time I was battling depression and the other various struggles I faced at that age. Fresh out of high school and starting college, I was still unsure about what career path to take. I can still remember the first time I walked into the Sisters of Charity for sick and dying babies; it was by far the most emotional, disheartening feeling to hold a three-year-old child in your arms that weighs less than any newborn in America, and understand that the next time you're in Haiti, this poor child will already have passed and had no chance to even grow up and experience life for all of its' good and bad times. This was the moment I knew in my heart that my passion in life was to somehow be involved with children, but that was about all I knew at that point.

On my third trip to Haiti was when I can confidently say I found my spiritual gifts and was able to determine what career path I want to take. I went on this trip with my mom's organization, Way to Health, and a few other college students who were in the same sort of situation I was in. Through Way to Health, we have provided countless, free medical clinics to the Haitian citizens where I have experienced healthcare in its most raw form. With little schooling and training, I was initially nervous to work a clinic in Haiti, but quickly I was able to adapt and experience several things that I would not have been able to witness here in America. Between miniscule things like taking patients' blood pressure and heart rate, and more intense situations like properly wrapping a sore on a handicapped man's buttocks that went so deep you could see the bone, I found that the hands-on nursing was

something that I was not only talented at, but really enjoyed doing (even through the blood, sweat, and tears). After my various trips to Haiti, I am able to say, with utter joy, that I aspire to be a pediatric nurse, so that I can work with sick children and substantially improve their lives so they are able to enjoy life to the fullest someday.

While my various trips to Haiti have resulted in many realizations for my future self, it has also changed me internally in a way that is almost impossible to put into



words. I could go on all day about how humble and grateful and passionate and caring each experience continues to make me, but it wouldn't quite do it justice. While struggling with depression during the time of my first trip, I have come to realize that my life is not so bad after all. After witnessing the extreme poverty, illnesses, and chaos in Haiti, I have become exceedingly more grateful for even the smallest things in life. While most Haitians won't live long enough to even attend school, the ones who do either can't afford it or work measly jobs and/or prostitute themselves for money. Meanwhile in the United States of America, we whine and complain if our parents make something "nasty" for dinner or don't get us what I asked for Christmas. Because of my trips to Haiti, I no longer complain when I get a fresh, homemade meal in my air-conditioned home, or when I have to sleep on my twin bed under my safe, enclosed home at night opposed to sleeping on a hot, dirt floor with as little as a ratty tarp for a roof in Haiti. I consistently give thanks for the wonderful things and people I can enjoy in my life, and part of that thanks is all due to Haiti for changing my heart in ways I never knew were possible.

## Prostitute Recovery Clinic Data

CLINIC DATA IS COMPILED FROM TWO SEPARATE DATES. ANY INFORMATION NOT LISTED IS RELATED TO THE WOMEN NOT WILLING TO SHARE OR THEY JUST DIDN'T KNOW, I.E. THE DATES OF BIRTH ARE OFTEN MADE UP OR GUESSED AT. THE ASSESSMENTS WERE PERFORMED INSIDE OF A JUNK YARD FOR PRIVACY.

First Name	DOB/age	DLMC	Date of clinic	BP	Temp	Depo-Provera	pregnancies	Living Children	other	
Magdala	1990		12/31/16						systic acne	
Beatrice	1/28/1982	12/30/2016	12/31/16			Y				
Michelle			3/26/17						boyish looking	
Kettelie	1984	12/30/2016	12/31/16			Y	3	2	husband died in earthquake	
Mona	4/9/1986		12/31/16							
Clarence	1995	12/24/2016	12/31/16			Y				
Edeline	1992		12/31/16				6	5		
Eveline	35 years	9 days ago	3/26/17	101/73	96		5	5		
Simone	25 years	?	3/26/17	120/80	98.4		0			
Sabrina	1999		12/31/16							
	17	3/24/17	3/26/17	94/66	97.4		0	0		
Victor	3/13/1978	12/29/2016	12/31/16			Y				
Dorson	18 years	3/19/17	3/26/17	131/73	97.5		1	1		
Lineda	3/16/1988	12/30/2016	12/31/16			Dossou				
Benita	1980		12/31/16							
Tania	1994	12/24/2016	12/31/16			Y				
Carla	19 years	?	3/26/17	120/80	98.3		1	1		
Nadia	30 years	?	3/26/17	127/101	98.8		2	2		
Michelene	1979		12/31/16				0		4th gr. ed., homeless	4th gr. ed., homeless
Tony										
Marie	2/5/1985		12/31/16			N	3		prost. @ 10	prost. @ 10

[illegible]



[illegible]

### **Slum of Cite Soleil Medical Data Assessment Results**

CLINIC DATA WAS GATHERED ON ONE CLINIC DAY IN THE SLUMS. A CHURCH WITH WALLS MADE OF RUSTY METAL WAS USED AS THE SETTING. SO MANY PATIENTS WERE TRYING TO PUSH THEIR WAY IN, THAT 20 OR MORE SEVERELY ILL WERE TAKEN IN THROUGH THE BACK DOOR. IN THE DATA BELOW THE LAST NAMES HAVE BEEN REMOVED TO PROTECT THE PATIENTS' PRIVACY.

First Name	Age	Diagnosis	Treatment
Robennison	2 yr	Pneumonia	Enfant Amoxicilline, Enfant Acetaminophene, Ophtalnlol
Robenne	1 yr	Fever, cough, respiratory infection	Enfant Amoxicilline, Enfant Acetaminophene, Antitussifs
Elannecia	8 mo	Fever, cough, respiratory infection	Enfant Amoxicilline, Enfant Acetaminophene, Albendazole
Ruphiana	20 yr	Pain	Acetaminophene
Josiana	2 yr	Rash, cough,respiratory infection	Enfant Amoxicilline, Antitussifs
Anise	22 yr	Acid reflux, intestinal worms, itchy eyes	Omeprazole, Albendazole, Lunettes
Dirucibon	1 yr	Fever	Enfant Acetaminophene
Noe	4 yr	No appetite, watery stool, cholera	Enfant Acetaminophene,Omeprazole, Pectokaolin
Ocoral	34 yr	Bad sore to the bone, both smell and drainage	Azithromyacin, Acetominophene
Jesula	17 yr	Vaginal infection	Acetaminophene, Ketoconazole, Tri-sulfa, Doxycycline
Nadia	24 yr	Vaginal infection, Cough	Tri-sulfa, Metronidazole
Osnel	21 yr	Hemorrhoids,	Triple Antibiotic cream
Eliette	40 yr	Rash, itchy eyes, fever, cough	Ibuprofen, Omeprazole, Histinol, Ophtalnlol, Lunettes
Matide	27 yr	Vaginal infection, 3 mo pregnant	Dex-Litos, Doxycycline?
Natasha	38 yr	High blood pressure, cough	Flaminopril, Hydrex-Terene, Histinol
Mirlene	37 yr	Vaginal infection, Acid reflux	Doxycycline, Omeprazole
Genese	25 yr	Vaginal infection	Metronidazole, Ketoconazole, Acetaminophene
Edline	18 yr	Respiratory infection, vaginal infection	Ibuprofen, Doxycycline, Azithromiacin
Pheline	37 yr	Pain, dehydration, vaginal infection	Dex--Litos, Acetaminophene, Doxycycline
Kecie	9 mo	Respiratory infection, cough	Enfant Amoxicilline, Histinol
Archile	2 yr	Cough, Bronchitis	Histinol
Velancia	1 yr	Respiratory infection, intestinal parasites	Enfant Acetaminophene, Enfant Amoxicilline, Albendazole, Antitussifs
Berlin	9 mo	Fever, cough, respiratory infection	Enfant Acetaminophene, Enfant Amoxicilline, Histinol
Diente	2 yr	Rash fever, no appetite,intestinal parasites	Enfant Acetaminophene, Histinol, Sulfadiazine cream
Deunise	18 yr	Vaginal infection	Azithromyacin, Tri-Sulfate, Fungozol
Kenley	11 mo	Cough, respiratory infection	Enfant Amoxicilline, Histinol
Jackline	51 yr	Acid reflux, UTI	Doxycycline, Tri-Sulfa, Promethazine
Jenliege	34 yr	Vaginal infection, High blood pressure	Clarithromycine, Doxycycline, Metronidazole
Diephe	11 mo	No appetite, Cough, intestinal parasites	Enfant Acetaminophene, Albendazole, Enfant Antitussifs
Gerphsilia	45	High blood pressure, itchy eyes	Enalapril, Ibuprofen, Lunette



Esther	43 yr	Vaginal infection, itchy eyes	Metronidazole, Ciprofloxacin, Ketoconazole cream, Lunettes
Saraphina	1 yr	Fever, vomiting, diarrhea	Enfant Amoxicillin, Enfant Acetaminophen, Pectokaolin
Terese	49 yr	Hypertension, acid reflux, itchy eyes	Enalapril, Acetaminophen, Omeprazole, Lunettes
Ismaela	20 mo	Cough, no appetite,	Enfant Amoxicillin, Antitussifs
Makenley	3 mo	Respiratory infection, intestinal parasites	Acetaminophen, Albendazole, Amoxicillin
Phanerte	29 yr	Headache, Vaginal infection	Doxycycline, Metronidazole, Ibuprofen
Marise	38 yr	Dehydrated, intestinal worms, poor vision, no appetite	Ibuprofen, Albendazole, Lunettes, Dez-Litos
Celandjina	4 yr	Respiratory infection, intestinal parasites	Albendazole, Histinol, Acetaminophen
Loudjina	3 yr	Respiratory infection	Acetaminophen, Metronidazole
Saraphina	3 mo	Bronchitis, cough, fever	Acetaminophen enfant, Acetaminophen Bebe, Histinol
Junior	24 yr	2in. Open wound on right foot, infected	Clarithromycin, Acetaminophen
Berline	21 yr	itchy eyes	Lunettes
Antonio	16 yr	itchy eyes, fever	Ibuprofen, Ophthalmol
Estalene	19 yr	UTI, headache	Ciprofloxacin, Doxycycline, Naproxen
Israel	10 yr	UTI, Vaginal infection	Doxycycline, Tri-Sulfa
Genese	27 yr	Vaginal infection, Acid reflux	Ketoconazole, Doxycycline, Omeprazole
Roseline	20 yr	Vaginal infection, Acid reflux	Omeprazole, Doxycycline, Metronidazole
Wilpoin	52 yr	Hypertension, vaginal infection, itchy eyes	Tri-Sulfa, Clarithromycin, Lunettes
Cupreme	13 yr	Dehydrated, intestinal parasites	Rehydration salts, Albendazole
Lodeson	7 mo	Cough, Bronchitis	Acetaminophen Bebe, Enfant Antitussifs
Denis	50 yr	Itchy eyes, scabies	Lunette, Promethazine cream, Acetaminophen
Phatousca	5 yr	Respiratory infection, vaginal infection	Azithromycin, Doxycycline, Ketoconazole, Histinol
Laochel	36 yr	Whole body pain, Vaginal infection, rash	Metronidazole, Ketoconazole, Miconazole cream, Ophthalmol
Makendi	3 mo	Cough	Enfant Amoxicillin, Histinol
Makencia	3 mo	Fever, cough, respiratory infection	Enfant Amoxicillin, Enfant Acetaminophen, cough syrup
Maylore	5 yr	Fever, cough	Enfant Amoxicillin, Antitussifs
Mikenne	23 yr	Rash, cough, yeast infection	Enfant Acetaminophen, Enfant Antitussifs, Miconazole cream
Mikerlange	32 yr	Hypertension, respiratory infection, vaginal infection	Doxycycline, Tri-Sulfa, Hydrex-Terene, Diclofenac
Naica	19 mo	Fever, cough	Enfant Acetaminophen, Histinol
Naderg	3 mo	Fever, cough, cholera	Enfant Amoxicillin, Enfant Acetaminophen, Enfant Antitussifs

Samiel	3 yr	Respiratory infection, intestinal parasites	Albendazole, Histinol, Amoxicilline, Acetaminophene
Sara	25 yr	Chest pain, UTI, Fever, cough	Ciprofloxacin
Benadette	33 yr	Vaginal infection, respiratory infection	Azithromycin, Doxycycline, Ibuprofen, Ketoconazole
Sophania	24 yr	Respiratory infection, vaginal infection	Ibuprofen, Histinol, Tri-Sulfa, Azithromycin, Miconazole cream
Dania	22 yr	Fever, cough	Acetaminophene, cough syrup
Crisla	30 yr	Headache, high blood pressure, bronchitis	Omeprazole, Enalapril, Promaz
Marie Michele	30 yr	UTI,vaginal infection	Azithromycin, Metronidazole, Fungozol
Michelli	34 yr	UTI, vaginal infection, diabetic	Enalapril, Hydrex-Terene, Doxycycline, Metronidazole
Daniel	24 yr	Respiratory infection, vaginal infection, itchy eyes	Ciprofloxacin,Doxycycline, Lunettes
Catiana	7 mo	Fever, no appetite, cough, respiratory infection	Enfant Amoxicilline,Enfant Acetaminophene, Histinol
Chaista	25 yr	Acid reflux	Omeprazole,
Cilvi	43 yr	Vaginal infection	Doxycycline, Metronidazole, Fungozol
Cristi	2 yr	Cough	Amoxicilline, Albendazole, Enfant Antitussifs
Marie	1 yr	Respiratory infection	Amoxicilline, Acetaminophene Bebe
Palou	61 yr	Hypertension, pain, itchy eyes	Ibuprofen, Lunettes, Hydrex-Terene
Paul	45 yr	wound on right leg	Clarithromycin, Acetaminophene, Silversorb wound care (repeat patient)
Richecade	5 yr	rash	Fungozol
Richelove	4 yr	Respiratory infection, intestinal parasites	Enfant Amoxicilline, Albendazole
Scleica	5 mo	Respiratory infection	Amoxicilline, Acetaminophene Bebe
ST Tane	29 yr	UTI	Ibuprofen, Ciprofloxacin
Kerlin	4 mo	Rash, cough, respiratory infection, scabies	Enfant Amoxicilline, Enfant Antitussifs, Galocur scabicides
Derice	unknown	all over pain, dehydrated, poor vision, hypertension	Rehydration salts, Enalapril,reading glasses,Naproxen,Diclofenac
Exline	31 yr	Vaginal infection	Ciprofloxacin, Clarithromycin, Metronidazole
Frenel	23 yr	Right second toe cut, no infection	Triple Antibiotic cream, Antifungal cream
Elvia	24 yr	Headache, Vaginal infection	Tri-Sulfa, Fungozol, Acetaminophene
Fabiana	18 mo	Itchy eyes,fever, vomiting,intestinal worms,respiratory inf	Enfant Amoxicilline, Enfant Acetaminophene, Albendazole
Crisla	28 yr	UTI, Vaginal infection	Ciproflaxacin, Metronidazole, Flaminopril,Miconazole cream
Dina	27 yr	Back pain	Acetaminophene

Dieuna	20 yr	Vaginal infection, Acid reflux	Clarithromycine, Omeprazole,Acetaminophene
Elimerne	20 yr	Headache, Vaginal infection	Tri-Sulfa, Diclofenac,Omeprazole
Manise	35 yr	Back pain, Acid reflux	Acetaminophene, Neutracid
Polina	17 yr	Vaginal infection	Doxycycline,Metronidazole, Fungozol
Silvenia	2 mo	Cough, respiratory infection	Enfant Amoxicilline, Enfant Acetaminophene, Enfant Antitussifs
Francklin	26 yr	accident? Scabies	Acetaminophene,Galocur scabicides, itch cream
Menaleson	5 mo	Fever, respiratory infection	Enfant Amoxicilline, Enfant Acetaminophene, cough syrup
Matena	68 yr	Hypertension, itchy eyes	Lunettes, Enalapril
Lovena	2 mo	Respiratory infection	Enfant Amoxicilline, Histinol
Gaele	1 yr	Fever, cough, respiratory infection	Enfant Amoxicilline, Enfant Acetaminophene, Enfant Antitussifs
Viergenie	25 yr	Headache, High blood pressure	Acetaminophene, Enalapril
Solenge	33 yr	Pain, acid reflux	Acetaminophene, Omeprazole
Criciano	3 mo	Stomach pain, cough, respiratory infection	Enfant Amoxicilline, Acetaminophene Bebe, Enfant Antitussifs
Seletin	31 yr	1 in. round cut on foot,swelling and infected	Azithromyacin, Acetaminophene, Silvasorb
Liciene	42 yr	Vaginal infection, High blood pressure, water burn-Leg	Doxycycline, Ibuprofen, Enalapril, Silversorb, Silver cream
Catia	20 yr	Vaginal infection, headache, Anemic	Ibuprofen,
Faphane	15 mo	Bronchitis	Enfant Acetaminophene, Histinol
Malaisha	4 mo	Stomach pain, itchy eyes, fever, cough, Bronchitis	Enfant Acetaminophene, Pectokaolin, Histinol, Enfant Antitussifs, Othorinol ear
Choulout	2 yr	Bronchitis, intestinal parasites	Albendazole, Acetaminophene, Histinol
Dieula	25 yr	Headache, insomnia	Acetaminophene, Diclofenac
Venia	20 yr	Respiratory infection	Azithromyacin, Doxycycline, Ibuprofen
Kerline	40 yr	Pain, suspect breast cancer	Ibuprofen, Naproxen
Sterline	21 yr	Stomach pain, UTI	Ciprofloxacin, Tri-Sulfa, Albendazole, Omeprazole
Gilene	34 yr	Vaginal infection, intestinal worms, nausea, acid reflux	Clarithromycine, Metronidazole, Albendazole, Omeprazole
Ismael	7 yr	blank	
Jonerson	2 yr	Bronchitis, cough, ear ache	Ear drops, Histinol
Rosemonette	29 yr	Headache, stomach pain, poor vision, ear infection	Ibuprofen, Othorinol ear, Lunettes
Naphtana	22 yr	Chest pain, stomach pain, shortness of breath	Metronidazole, Albendazole, Omeprazole

Makilene	17 yr	Bronchitis	Acetaminophene, Antihistamine
Miriana	1 yr	Respiratory infection	Histinol, Metronidazole, Acetaminophene
Ernetala	29 yr	Back pain, acid reflux	Omeprazole, Acetaminophene
Janas	17 mo	Bronchitis, cough, fever	Enfant Acetaminophene, Enfant Antitussifs
Fabiene	29 yr	Acid reflux, UTI, Vaginal infection	Omeprazole, Ciprofloxacin, Tri-Sulfa, Ketoconazole
Neemie	12 mo	Respiratory infection, vaginal infection	Amoxicillin, Acetaminophene Bebe, Metronidazole
Genese	29 yr	Vomiting	Pectokaolin
Ana	52 yr	Back pain	Aleve
Ermilia	45 yr	Ear ache, itchy eyes, hypertension	Enalapril, Lunettes, Ophthalmol, Diclofenac injection
Manerte	40 yr	Acid reflux, respiratory infection, dehydrated	Omeprazole, Amoxicillin, Histinol, Enalapril, Rehydration salts
May	2 yr	Fever, cough, respiratory infection	Enfant Acetaminophene, Enfant Amoxicillin, Histinol
Yali	25 yr	Vaginal infection, intestinal worms, nausea, acid reflux	
		Breast feeding	vaginal suppositories
Wiliame	4 mo	Respiratory infection, cough	Enfant Amoxicillin, Enfant Acetaminophene, cough syrup
Yane	70 yr	Headache, hypertension	Omeprazole, Acetaminophene
Davide	5 mo	Respiratory infection	Enfant Amoxicillin, cough syrup
Wooly	3 yr	Intestinal parasites, respiratory infection	Albendazole, Acetaminophene, Amoxicillin
Derlise	24 yr	rash, sore eyes	Calamine lotion, eye glasses
Chamante	18 yr	Poor vision, pain	Reading glasses, Acetaminophene
			Doxycycline, Clarithromycin, Metronidazole

Key:      <6 years old      6 to 21yo      22-50yo

50 and up

## DEVELOPMENT PLAN FOR FULL SERVICE HOSPITAL FOR CITE SOLEIL, HAITI

CHRISTIAN ALLIANCE, beginning in 1998, has delivered 131 mobile medical units globally. Unit #132 is a new clinic conversion that has been worked at in a development and is patiently waiting on just the right choice of medical ministry to deliver and set up a clinic hospital.

We have prayed for months that a team of nurses and medical professionals would become available that was called into Cite Soleil, Haiti and operate a clinic hospital there...such a team of medical professionals has become available, and in the opinion of the writer, is capable and determined to serve out Lord at Cite Soleil, Haiti. This team has been to Haiti 11 times and despite the problems of rendering medical aid to the poor there, remains hopeful to serve more and continue at Cite Soleil.

A medical mission foundation by the name of Way To Health of Alvin, TX has become available to take on the operational responsibilities of a clinic hospital in Cite Soleil.

This NGO is headed by Ms. Lisa O'Brien, RN, with a board of five directors working in harmony to carry out a mission plan of healthcare to the poor in Haiti. Lisa is a dedicated hospice nurse in practice here in Texas and a determined missionary nurse. Her board of director's team can care for the poor of Cite Soleil, and has a track record to prove their medical mission determination to serve in Haiti. God has put our development team together with this capable mission's team for the short term and long term purpose of building out a mobile hospital plan, and funding this plan with an endowment of funds to operate this facility that will treat the poorest of the poor, in a section of Port Au Prince, Haiti known for its terrible living and unhealthy conditions for women and children to survive.

In this report and information, we will document with facts and figures the terrible malnutrition, disease problems, and lack of sanitary facilities needed for the families to grow and live productive lives.

The first clinic hospital to be delivered is scheduled for August 2017. The clinic is complete and will be given a tax-exempt certificate by the Haitian government, prior to shipment. Way To Health has selected a site in Cite Soleil to set up this first unit, with space available to set up two more units for the hospital. Once the site is prepared, the study of digging water wells and sewerage disposal will be addressed.

Developing the water source and sewage disposal plans will not have to be complete in order to ship the first clinic hospital unit to Cite Soleil. Gathering all the information we can for the site for a long-term lease or purchase is of vital importance to our development plan. If possible, we would like to decide on the best site and apply for a permit to drill for water. Our ministry partners will help us with this effort.

The design for the mission hospital design will be made by our architects and engineers to fit the Cite Soleil site. A copy of each report will be made as an exhibit to this development and operations plan.

JSTOKELY

2/22/17